

Feasts/Memorials

March

Tuesday	1	St David, Bishop, Patron of Wales - Feast
Friday	4	St Casimir Women's World Day of Prayer
Saturday	5	Saturday Mass of the Blessed Virgin Mary

Jesus of Nazareth : Holy Week :

from the Entrance into Jerusalem to the Resurrection

The book, *Jesus of Nazareth* (Pt 2) by Pope Benedict XVI, will be released for sale on 9 March 2011. It is a follow up to the very popular '*Jesus of Nazareth*' published in 2007. Pauline Books & Media can now take pre-publication orders, with 10% discount off the full price of £14.95. To order, phone, fax, or email your order to Pauline Books & Media, 199 Kensington High St., London W8 6BA. Tel: 020-7937-9591, Fax: 020-7937-9910; email: london@pauline-uk.org

Faith Matters at Westminster Cathedral Hall

Being Catholic Today is the theme of the next series of *Faith Matters*, the biannual programme of Catholic Lectures in Westminster Cathedral Hall. The series begins on Tuesday 8 March with a lecture by **General Lord Guthrie** (former Chief of the General Staff of the British Army and Chief of the Defence Staff, and a leading Catholic). Three further lectures follow on 16th, 23rd and 30th March with individual guest speakers. Full details can be found on the poster on our Church notice-board.

Weekday Masses: 8.00am, 12.15pm, 6.00pm
Saturday Masses: 8.00am, 12.15pm, 6.00pm (*Vigil for Sunday*)
Sunday Masses: 8.30am, 10.00am (*with Choir*) 11.00am **Latin Choir**

12.15pm, 6.00pm **Young Adults Choir**

Holy Day Masses 8.00am, 12.15pm, 6.00pm
Bank Holiday Masses: 9.00am, 12.15pm (no 6.00pm Mass)
Weekday Confessions: 5.30-5.50pm - Priest on duty except 12 Noon-3pm
Saturday Confessions: 10.30-11.45am, 3.30-5.50pm
Exposition of the Blessed Sacrament on Wednesdays 6.30-8.00pm

Carmelite Priory, 41 Kensington Church St., London W8 4BB

Tel: 020-7937-9866 Fax: 020-7938-1470

Registered Charity No: 253645

Our Carmelite Newsletter on the Web: www.carmelitechurch.org

OUR LADY OF MOUNT CARMEL

Parish Newsletter

Sunday 27 February 2011 - 8th Sunday of the Year

Trust Him at all Times

"Do not worry" - we hear these words from the lips of Jesus in our Gospel today. They are words we all use. Just think of how often we say these words to others; to reassure, comfort, and help. The truth is we all worry, no words of reassurance changes that. Worry is not something bad or evil – the ability to worry is a gift God has given us, it is part of who we are as human beings. Worry only becomes damaging or destructive when it is excessive or relentless.

We all develop ways of coping with worry and this is good and healthy. However, we all find ourselves in situations where worry just becomes too much, times when we cannot cope.

Our scripture readings today give us some very good advice for dealing with worry. Let us begin with our first reading – the people of Israel are in exile, they feel alone, they feel God has abandoned them. Worry isolates us, we feel no one knows, recognises or understands, God feels very distant. The words of God spoken through the prophet to the people of Israel are very reassuring; *Zion was saying, "The Lord has abandoned me, the Lord has forgotten me". Does a woman forget her baby at the breast, or fail to cherish the son of her womb? Yet even if these forget, I will never forget you.*

Our Gospel invites us to look at the bigger picture – worry narrows our vision, we focus on what is on our minds and ignore everything else. Jesus advises: *"Set your hearts on His kingdom first, and on His righteousness"*. When we are worried we become self-centred and we often ignore God, other people and our obligation to do what is right. When we are worried we either do not pray – we are so centred on ourselves that we forget God. Or we pray in the wrong way – our prayer takes us more deeply into our worry rather than lifting us out of it. The **Psalms** are particularly good prayers for times of worry. These scriptural prayers do the following:

- * They focus directly on God and not on me or what is worrying me.
- * They give words and images that allow me to express my deepest feelings, worry, anxiety, fear or pain.

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- * The Psalms are works of art and beauty; we need art and beauty at times of worry.
- * The Psalms have been prayed for centuries and millennia. They connect me with the whole people of God.
- * Trust is the key to overcoming worry. Lack of trust or failure in trust is at the root of most damaging or destructive worry. Human trust is not enough, only trust in God can take us through this. The Psalms repeat this message over and over again.

Today's extract from Psalm 61 is a very appropriate prayer for times of worry:

*In God alone is my soul at rest, my help comes from him.
He alone is my rock, my stronghold, my fortress; I stand firm.*

*In God alone be at rest, my soul; for my hope comes from him.
He alone is my rock, my stronghold, my fortress; I stand firm.*

*In God is my safety and glory, the rock of my strength.
Take refuge in God all you people. Trust him at all times.
Pour out your hearts before him.*

Fr Matt Blake, Prior

Young Adults Monday Group

Our **Young Adults Monday Group** will meet tomorrow Monday 28 February at 7.30 for 8.00pm in the Parish Centre for their weekly meeting. The theme this week will be '**An Encounter with Self and with God**', led by Sr Paloma Marchesi, Carmelite Missionary sister. All young adults who come to our Church are very welcome to join them.

Monday Group Retreat

In preparation for Easter, Fr Matt will lead our Monday Group on a **Retreat** from Friday 1 April – Sunday 3 April at the Carmelite Priory, Boars Hill, Oxford. All Young Adults (20-35) who come to our Church are very welcome to join this Retreat. For more information and to book a place, contact Gary Clarke garyclarke2006@yahoo.co.uk

- * **Exposition and Benediction Holy Hour** each Friday, 6.30-7.30pm.
Prayer for *Vocations to Religious Life*.

Catholic Chaplaincy to the London Universities:

University Catholic Lecture 2011

On Monday 7 March at 7.30pm, Dr Austen Ivereigh, journalist, campaigner, author and co-founder of 'Catholic Voices', will give a lecture entitled "**Religious Freedom**" – *Pope Benedict's Vision for a Fractured World*. This will take place at Newman House, 1 Gower St., London WC1. This Lecture is open to all, but it would be helpful if those planning to attend would register their interest to Chris Castell chris@universitycatholic.net (See poster on Church notice-boards)

Bible Studies by Fr Peter Burrows at Vaughan House

Commencing on Tuesday 15 March at 7.00pm, a series of three **Bible Studies** by Fr Peter Burrows will take place at Vaughan House, 46 Francis St., London SW1P 1QN. The subjects are as follows: Tuesday 15 March: "*What is man that Thou art mindful of him*"?; Tuesday 22 March: *Why do I hurt if I am good?* Tuesday 29 March: '*The Passover*'. All are invited. For information email ausrakaraliute@rcdow.org.uk Tel: 020-7931-6078.

Parish Notices

- * **Parents/Babies & Toddlers Play Group** will return on Friday next 4 March, from 3.30-5.0pm, following their recent half-term break. New children are very welcome (no admission fee). Ring front doorbell of the Priory). Enquiries: Deirdre on: 07946-544398.
- * On Sunday next 6 March at 3.00pm we will show another film in our **Winter Cinema for Children** season. A really nice afternoon for children (and parents who get to chat and have a coffee while the film is on). All children who come to our Church are warmly invited. Contact: Luciana, email ludéfazio@yahoo.co.uk
- * We will have the *Brown Scapular Devotions to Our Lady of Mount Carmel* after the 6.00pm Mass on Saturday next 5 March. All are invited to stay on for the Rosary and special prayers.
- * We thank you for your contributions to the collection for the *Catholic Education Service* last Sunday. The amount collected was: **£641.66**.

The 12.15pm Mass tomorrow Monday 28 February will be a
Funeral Mass for Mrs Peggy O'Donnell RIP